

# 2009 MSHSL Section 5AA Championships Girls

Bassett Creek Oct. 29, 2009

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME SPREAD	
1	Totino-Grace	66	4	5	7	16	34	61	84	15:57.2	1:01.6	
2	Mounds View	80	12	14	15	18	21	23	33	16:04.0	0:21.1	
3	Coon Rapids High Scho	109	8	11	26	27	37	38	51	16:13.7	0:57.4	
4	Centennial	132	13	17	28	35	39	40	48	16:23.3	0:43.4	
5	Andover	135	1	19	24	29	62	65	68	16:20.1	2:02.3	
6	Park Center High Scho	150	3	25	30	32	60	63	71	16:26.7	1:47.4	
7	Anoka	169	6	10	46	53	54	55	69	16:29.6	1:23.9	
8	Maple Grove	177	9	20	44	47	57	66	75	16:35.0	1:28.7	
9	Champlin Park	189	2	43	45	49	50	52	72	16:34.9	1:36.7	
10	Osseo	258	31	42	56	59	70	74	80	17:07.5	1:16.8	
11	Blaine Hs	325	22	58	79	81	85	88	91	17:48.3	2:30.0	
12	Spring Lake Park	359	36	76	77	83	87	89	90	18:05.1	2:25.4	
13	Irondale	394	64	73	78	86	93	98	101	18:26.4	2:16.7	
14	Rogers	400	41	67	96	97	99			18:51.1	3:32.6	
15	Fridley	463	82	92	94	95	100	102	103	19:35.1	2:01.5	

1. Totino-Grace

4	Ally McSherry, 12	15:37.7
5	Emily Kindelspire, 11	15:41.9
7	Jennifer Dillon, 11	15:43.4
16	Taylor McDonald, 9	16:03.9
34	Libby Wanner, 10	16:39.3
61	Amy Spitzmueller, 11	17:17.7
84	Sarah Schuttha, 9	18:35.3
Total Time = 1:19:45.9		Total Places = 66

7. Anoka

6	Katelyn Fritz, 10	15:42.8
10	Gabbi Guimont, 9	15:44.8
46	Kayla Billett, 9	16:50.3
53	Blair Parent, 8	17:03.5
54	McKenna Parent, 10	17:06.6
55	Lindsey Gast, 8	17:09.3
69	Jenna Weinberger, 11	17:39.2
Total Time = 1:22:27.6		Total Places = 169

2. Mounds View

12	Laura Willenbring, 12	15:53.4
14	Brittney Johnson, 11	16:00.1
15	Lizzy Narigon, 12	16:02.1
18	Katie McDaniels, 9	16:10.0
21	Nora Crist, 10	16:14.5
23	Beth Knopf, 10	16:16.6
33	Ashley Clark, 10	16:35.5
Total Time = 1:20:19.8		Total Places = 80

8. Maple Grove

9	Abbie Weigel, 12	15:44.6
20	Molly Bjustrom, 11	16:13.7
44	Miranda Aarons, 11	16:48.1
47	Emily Eckberg, 10	16:55.4
57	Amy Waananen, 11	17:13.3
66	Abby Bunnell, 9	17:24.7
75	Kendall Johnson, 8	18:03.4
Total Time = 1:22:54.8		Total Places = 177

3. Coon Rapids High Scho

8	Karissa Martens, 11	15:43.8
11	Alyssa Wojack, 12	15:50.6
26	Kayla Johnson, 12	16:26.2
27	Britta Huffman, 12	16:26.8
37	Paige D'Heilly, 9	16:41.2
38	Jerlie Jensen, 9	16:41.2
51	Katie Kiecker, 8	16:58.8
Total Time = 1:21:08.2		Total Places = 109

9. Champlin Park

2	Cassidy Soli, 9	15:21.3
43	Katie Batters, 12	16:48.0
45	Amanda Dvorak, 12	16:49.4
49	McKinley Moore, 10	16:57.8
50	Jenna McElroy, 11	16:58.0
52	Natalie Kapphan, 12	17:00.8
72	Alyse Kaml, 11	17:57.0
Total Time = 1:22:54.2		Total Places = 189

4. Centennial

13	Sarah Bowler, 12	15:58.6
17	Madison Butina, 8	16:07.9
28	Natalie Jech, 12	16:27.9
35	Ashley Reynolds, 11	16:40.0
39	Megan Kienholz, 9	16:42.0
40	Allie Loveland, 11	16:42.4
48	Anika Janzen, 10	16:57.4
Total Time = 1:21:56.1		Total Places = 132

10. Osseo

31	Becca Richter, 12	16:33.2
42	Sarah Todey, 9	16:45.0
56	Kellie McCullough, 12	17:13.1
59	Jenny Schoenrock, 8	17:16.2
70	Susan White, 12	17:50.0
74	Kaitlin Anderson, 7	18:00.9
80	Katie Martin, 12	18:20.8
Total Time = 1:25:37.3		Total Places = 258

5. Andover

1	Nicole Heitzman, 9	15:19.5
19	Ellie Haskins, 10	16:12.0
24	Marissa Yovetich, 11	16:16.9
29	Madeline McKeefry, 8	16:30.2
62	Katie Yoder, 8	17:21.8
65	Natalie Steinwand, 10	17:22.6
68	Maggie Kurtovich, 10	17:30.6
Total Time = 1:21:40.1		Total Places = 135

11. Blaine Hs

22	Tera Hereid, 12	16:16.2
58	Madeline Shogren, 9	17:15.2
79	Katie Hoyles, 11	18:20.6
81	Julia Johnson, 10	18:23.6
85	Caitlyn Blase, 12	18:46.2
88	Erin Harper, 10	19:07.6
91	Taylor King, 11	19:23.1
Total Time = 1:29:01.5		Total Places = 325

6. Park Center High Scho

3	Danielle Korby, 9	15:29.1
25	Kate Simonet, 9	16:19.8
30	Samantha Swanson, 10	16:33.2
32	Renae Metzger, 10	16:35.1
60	Alexi Peterson, 8	17:16.4
63	Sara Ehlert, 12	17:22.2
71	Danni Lundstrom, 10	17:51.0
Total Time = 1:22:13.3		Total Places = 150

12. Spring Lake Park

36	Lauren Guse, 8	16:40.9
76	Haylee Myren, 8	18:03.6
77	Megan Jaskela, 12	18:05.6
83	Kassie Packer, 10	18:29.1
87	Kristen Parizek, 10	19:06.2
89	Sana Siddiqui, 9	19:08.7
90	Jenny Lindquist, 8	19:09.9
Total Time = 1:30:25.1		Total Places = 359

## 13. Irondale

64	Mattie Watts, 8	17:22.2
73	Katie Peterson, 9	17:58.1
78	Julia Roberts, 12	18:16.3
86	Alicia Gunderman, 9	18:56.8
93	Emily Bates, 9	19:38.9
98	Alex Hanson, 11	20:10.0
101	Maria Sweeney, 10	20:50.5
Total Time = 1:32:11.9		Total Places = 394

## 15. Fridley

82	Karen Beltran, 11	18:27.9
92	Megan Ryd, 10	19:29.4
94	Kristine Britven, 12	19:41.2
95	Molly Kelly, 12	19:47.9
100	Beth Readell, 9	20:29.3
102	Yaz Al-Hadhramy, 12	21:18.0
103	Liz Lopez, 11	23:16.3
Total Time = 1:37:55.4		Total Places = 463

## 14. Rogers

41	Emily Helwig, 12	16:43.2
67	Aundria Speidel, 11	17:29.2
96	Shea Tandberg, 10	19:50.2
97	Chelsea Strak, 11	19:57.0
99	Lauren Stelflug, 11	20:15.8
Total Time = 1:34:15.2		Total Places = 400

PLACE	SCORE	TEAM	FINISHER	TIME	TEAM
1	1	Nicole Heitzman, 9	15:19.5	Andover	
2	2	Cassidy Soli, 9	15:21.3	Champlin Park	
3	3	Danielle Korby, 9	15:29.1	Park Center High Scho	
4	4	Ally McSherry, 12	15:37.7	Totino-Grace	
5	5	Emily Kindelspire, 11	15:41.9	Totino-Grace	
6	6	Katelyn Fritz, 10	15:42.8	Anoka	
7	7	Jennifer Dillon, 11	15:43.4	Totino-Grace	
8	8	Karissa Martens, 11	15:43.8	Coon Rapids High Scho	
9	9	Abbie Weigel, 12	15:44.6	Maple Grove	
10	10	Gabbi Guimont, 9	15:44.8	Anoka	
11	11	Alyssa Wojack, 12	15:50.6	Coon Rapids High Scho	
12	12	Laura Willenbring, 12	15:53.4	Mounds View	
13	13	Sarah Bowler, 12	15:58.6	Centennial	
14	14	Brittney Johnson, 11	16:00.1	Mounds View	
15	15	Lizzy Narigon, 12	16:02.1	Mounds View	
16	16	Taylor McDonald, 9	16:03.9	Totino-Grace	
17	17	Madison Butina, 8	16:07.9	Centennial	
18	18	Katie McDaniels, 9	16:10.0	Mounds View	
19	19	Ellie Haskins, 10	16:12.0	Andover	
20	20	Molly Bjustrom, 11	16:13.7	Maple Grove	
21	21	Nora Crist, 10	16:14.5	Mounds View	
22	22	Tera Hereid, 12	16:16.2	Blaine Hs	
23	23	Beth Knopf, 10	16:16.6	Mounds View	
24	24	Marissa Yovetich, 11	16:16.9	Andover	
25	25	Kate Simonet, 9	16:19.8	Park Center High Scho	
26	26	Kayla Johnson, 12	16:26.2	Coon Rapids High Scho	
27	27	Britta Huffman, 12	16:26.8	Coon Rapids High Scho	
28	28	Natalie Jech, 12	16:27.9	Centennial	
29	29	Madeline McKeefry, 8	16:30.2	Andover	
30	30	Samantha Swanson, 10	16:33.2	Park Center High Scho	
31	31	Becca Richter, 12	16:33.2	Osseo	
32	32	Rena Metzger, 10	16:35.1	Park Center High Scho	
33	33	Ashley Clark, 10	16:35.5	Mounds View	
34	34	Libby Wanner, 10	16:39.3	Totino-Grace	
35	35	Ashley Reynolds, 11	16:40.0	Centennial	
36	36	Lauren Guse, 8	16:40.9	Spring Lake Park	
37	37	Paige D'Heilly, 9	16:41.2	Coon Rapids High Scho	
38	38	Jerlie Jensen, 9	16:41.2	Coon Rapids High Scho	
39	39	Megan Kienholz, 9	16:42.0	Centennial	
40	40	Allie Loveland, 11	16:42.4	Centennial	
41	41	Emily Helwig, 12	16:43.2	Rogers	
42	42	Sarah Today, 9	16:45.0	Osseo	
43	43	Katie Batters, 12	16:48.0	Champlin Park	
44	44	Miranda Aarons, 11	16:48.1	Maple Grove	
45	45	Amanda Dvorak, 12	16:49.4	Champlin Park	
46	46	Kayla Billett, 9	16:50.3	Anoka	
47	47	Emily Eckberg, 10	16:55.4	Maple Grove	
48	48	Anika Janzen, 10	16:57.4	Centennial	
49	49	McKinley Moore, 10	16:57.8	Champlin Park	
50	50	Jenna McElroy, 11	16:58.0	Champlin Park	
51	51	Katie Kiecker, 8	16:58.8	Coon Rapids High Scho	
52	52	Natalie Kapphan, 12	17:00.8	Champlin Park	
53	53	Blair Parent, 8	17:03.5	Anoka	
54	54	McKenna Parent, 10	17:06.6	Anoka	
55	55	Lindsey Gast, 8	17:09.3	Anoka	
56	56	Kellie McCullough, 12	17:13.1	Osseo	
57	57	Amy Waananen, 11	17:13.3	Maple Grove	
58	58	Madeline Shogren, 9	17:15.2	Blaine Hs	
59	59	Jenny Schoenrock, 8	17:16.2	Osseo	
60	60	Alexi Peterson, 8	17:16.4	Park Center High Scho	
61	61	Amy Spitzmueller, 11	17:17.7	Totino-Grace	

62	62	Katie Yoder, 8	17:21.8	Andover
63	63	Sara Ehlert, 12	17:22.2	Park Center High Scho
64	64	Mattie Watts, 8	17:22.2	Irondale
65	65	Natalie Steinwand, 10	17:22.6	Andover
66	66	Abby Bunnell, 9	17:24.7	Maple Grove
67	67	Aundria Speidel, 11	17:29.2	Rogers
68	68	Maggie Kurtovich, 10	17:30.6	Andover
69	69	Jenna Weinberger, 11	17:39.2	Anoka
70	70	Susan White, 12	17:50.0	Osseo
71	71	Danni Lundstrom, 10	17:51.0	Park Center High Scho
72	72	Alyse Kaml, 11	17:57.0	Champlin Park
73	73	Katie Peterson, 9	17:58.1	Irondale
74	74	Kaitlin Anderson, 7	18:00.9	Osseo
75	75	Kendall Johnson, 8	18:03.4	Maple Grove
76	76	Haylee Myren, 8	18:03.6	Spring Lake Park
77	77	Megan Jaskela, 12	18:05.6	Spring Lake Park
78	78	Julia Roberts, 12	18:16.3	Irondale
79	79	Katie Hoyles, 11	18:20.6	Blaine Hs
80	80	Katie Martin, 12	18:20.8	Osseo
81	81	Julia Johnson, 10	18:23.6	Blaine Hs
82	82	Karen Beltran, 11	18:27.9	Fridley
83	83	Kassie Packer, 10	18:29.1	Spring Lake Park
84	84	Sarah Schutta, 9	18:35.3	Totino-Grace
85	85	Caitlyn Blase, 12	18:46.2	Blaine Hs
86	86	Alicia Gunderman, 9	18:56.8	Irondale
87	87	Kristen Parizek, 10	19:06.2	Spring Lake Park
88	88	Erin Harper, 10	19:07.6	Blaine Hs
89	89	Sana Siddiqui, 9	19:08.7	Spring Lake Park
90	90	Jenny Lindquist, 8	19:09.9	Spring Lake Park
91	91	Taylor King, 11	19:23.1	Blaine Hs
92	92	Megan Ryd, 10	19:29.4	Fridley
93	93	Emily Bates, 9	19:38.9	Irondale
94	94	Kristine Britven, 12	19:41.2	Fridley
95	95	Molly Kelly, 12	19:47.9	Fridley
96	96	Shea Tandberg, 10	19:50.2	Rogers
97	97	Chelsea Strak, 11	19:57.0	Rogers
98	98	Alex Hanson, 11	20:10.0	Irondale
99	99	Lauren Stelflug, 11	20:15.8	Rogers
100	100	Beth Readell, 9	20:29.3	Fridley
101	101	Maria Sweeney, 10	20:50.5	Irondale
102	102	Yaz Al-Hadhramy, 12	21:18.0	Fridley
103	103	Liz Lopez, 11	23:16.3	Fridley